



CHURCH LEADER RESOURCE GUIDE TO FAMILY SERVICES

Family Services assists leaders to help members develop emotional self-reliance and overcome obstacles to making and keeping sacred covenants.

CONSULTATION SERVICES

Church leaders may consult with Family Services staff to better understand the social and emotional needs and challenges of their members and to determine what resources and services are available. Bishops may contact their local Family Services office by telephone, email, or social media.

Family Services can also help Church leaders identify and access other appropriate community resources.

For information on social and emotional issues, visit counselingresources.ChurchofJesusChrist.org.

When a bishop or stake president becomes aware of or suspects the possibility of abuse, he must immediately call and consult with his file leader.

COUNSELLING SERVICES

Family Services staff identify community resource partners to meet the emotional health needs within their region. Staff may help leaders facilitate referrals and may also orient community resource partners to unique Gospel doctrine and principles they should be aware of, and sensitive to, as they provide services to Church members. In some areas Family Services staff may provide supportive counselling.

MISSIONARY SERVICES

Pre-mission—At the request of a bishop or stake president, pre-mission evaluations are available to candidates who experience social and emotional issues that may impede mission success. Family Services is also available to consult with Church leaders to strengthen missionary candidates' preparation for service.

In-Field—Family Services may participate in Mission Health Councils as assigned and participate in discussions regarding behavioural health considerations of full-time missionaries within the Area.

Early Return—Family Services may consult with leaders about early return missionaries who have emotional health issues and identify resources to assist.

ADDRESSING COMPULSIVE OR ADDICTIVE BEHAVIOURS

Family Services helps individuals and families address pornography use and other compulsive or addictive behaviours. These services may include consultation with Church leaders, Hope and Healing through the Atonement of Jesus Christ groups (ARP), and assistance to identify other available sources of help. Hope and Healing groups may also be suitable for spouses or family members who are providing support to someone struggling with compulsive or addictive behaviours, including the use of

pornography, drugs, or alcohol. These meetings focus on change and healing through the Saviour Jesus Christ and His Atonement, and they are initiated at a stake level.

Meetings are free and do not require a bishop's referral. To find a meeting near you contact your local Family Services office or visit addictionrecovery.ChurchofJesusChrist.org.

Church leaders who are interested in providing this resource should contact their local Family Services office.

STRENGTHENING MARRIAGE AND FAMILY

Family Services may assist Church leaders in strengthening marriages and families through consultation. Additionally, manuals for the Strengthening Marriage and Strengthening the Family courses are available to Church leaders. These courses help families build harmonious and loving family relationships and may be taught at ward and stake levels.

Access materials on Gospel Library or download from providentliving.ChurchofJesusChrist.org/lds-family-services/strengthening-marriage.

EMOTIONAL HEALTH RESOURCES

Access the manual for the Emotional Resilience Course at ChurchofJesusChrist.org/bc/content/ldsorg/topics/self-reliance/4-10-20-Emotional-Self-Reliance-Manual_updated.pdf?lang=eng.

The document called "Facing Challenges: A self-help guide" which includes self-assessment and coping suggestions is found at WEL_PD60011069_Facing_Challenges_FINAL.pdf.

The ministering guide for members in crisis can be viewed at WEL_PD60011068_MinisteringGuideForSomeoneInCrisis_FINAL.pdf.

EMERGENCY MENTAL HEALTH

Family Services may consult with Church Leaders to help them support individuals or families following a disaster or a critical incident (such as suicide). Family Services may also be able to assist leaders identify other resources to help in these circumstances. All resources and services aim to increase emotional self-reliance.

ONLINE RESOURCES

Family Services (Pacific Area)

<https://pacific.ChurchofJesusChrist.org/wsr/health-wellbeing/family-services>

Counseling Resources

counselingresources.ChurchofJesusChrist.org

Abuse

abuse.ChurchofJesusChrist.org

Addiction Recovery

addictionrecovery.ChurchofJesusChrist.org

Addressing Pornography

addressingpornography.ChurchofJesusChrist.org

Mental Health

mentalhealth.ChurchofJesusChrist.org

Same-Sex Attraction

ChurchofJesusChrist.org/topics/gay

Suicide Prevention Resources

ChurchofJesusChrist.org/get-help/suicide

Transgender Resources

ChurchofJesusChrist.org/topics/transgender

For additional topics search Life Help on ChurchofJesusChrist.org

CONTACT INFORMATION (Papua New Guinea)

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